COMMUNITY RESOURCES OFFICE HOURS AND PHONE NUMBERS

Open

**DSHS Maple Office**

Phone # (877) 501-2233

Hours 8-5

**Salvation Army**

Phone# (509) 325-6810

Hours:

|  |  |
| --- | --- |
| Thursday | 9AM–5:45PM |
| Friday | 9AM–4:15PM |
| Saturday | Closed |
| Sunday | Closed |
| Monday | 9AM–4:15PM |
| Tuesday | 9AM–5:45PM |
| Wednesday | Closed |

**SEER Program**

Phone # (509) 279-6055

Hours 8:30-4

**Vanessa Behan**

Phone # (509) 535-3155

Hours 24hr

**Genesis Institute**

Telehealth Appointments also available

Phone # (509) 467-7913

Hours 8-5

**ABHS**

Phone # (509) 232-5766

**Compass Careers**

Phone # (509) 209-2750

Hours 9-5

**Brian Injury Alliance of Washington**

Phone # (509) 838-9348

**Habitat for Humanity**

Phone # (509) 534-2552

Hours 9-5

**REVIVE**

Phone # (509) 413-2950

**Transitions Help4Women**

Phone # (509) 328-6702

Hours 8-4

**Street Medicine Community Outreach (CDA)**

Phone # (208) 664-8347

Hours 8-4

**UGM Shelters**

Phone# (509) 535-8510

Hours- Men (not in employment or recovery program) are being asked to exit the building during the day, 7 a.m. to 6 p.m. except for the medically fragile.

To-go lunch and dinners being served to the public from the East door of the men’s shelter.

Free clinics still operational for our checked-in guests.

**Jewels Helping Hands**

Hours- 24

**Compassionate Addiction Treatment**

Also accepting new referrals for Suboxone

Phone # (509) 919-3362

Hours- 10-6 Mondays 11-6

**Syringe Exchange**

Hours- [3:00 - 5:00 pm on Mon, Tues, Thurs, Fri](https://srhd.org/programs-and-services/hiv-std-services/needle-exchange-services)

[3:00 - 7:00 pm on Wed](https://srhd.org/programs-and-services/hiv-std-services/needle-exchange-services)

**House of Charity and accompanying food services**

Phone # (509) 624-7821

Hours

|  |  |
| --- | --- |
| Thursday | 7:30AM–12PM |
| Friday | 7:30AM–12PM |
| Saturday | 7:30AM–12PM |
| Sunday | 7:30AM–12PM |
| Monday | 7:30AM–12PM |
| Tuesday | 7:30AM–12PM |
| Wednesday | 7:30AM–12PM |

Sleeping Program 7pm-6:30am

**Family Promise of Spokane**

Phone # (509) 747-5487

Hours 8-4

**SNAP**

Telephone and Email option also available

Phone # (509) 456-7627

Hours 8-12 1-4

**Women’s Hearth**

Not running any groups or classes. Only basic necessities; hygiene closet twice a day 10:30am/2pm, and showers. Open 8:30am – 4Pm

Phone # (509) 455-4249

**Safe Families for Children**

Phone # 844-244-1769

Telephone Only

**WorkSource Spokane**

Phone # (509) 532-3120

Hours 9-5

**Spokane Resource Center**

Phone # (509) 867-8188

Hours 9-5

**Next Generation Zone**

Phone # (509) 340-7800

Hours  9-5

**Molina Outreach**

**Molina**

**Community Colleges of Spokane**

**Amerigroup**

**Tenants Union of Washington State**

Phone # (206)-723-0500

Hours Monday – Wednesday: 10am-12:30pm &1:30-4pm

Thursday: 10am-12:30pm

Saturday: 11am-3pm

**Community Health Plan of Washington**

Phone # (206)-521-8833

**Lutheran Community Services Northwest**

Phone # (509) 747-8224

Hours 8-5 Friday 8:30-5

**Spokane Center for Independent Living**

Phone # (509) 326-6355

Hours 9-5

**Disability Assistance Project**

Phone # (509)-252-5053

**Peer Spokane**

(Appointments too)

Phone # (509) 867-3778

Hours: 11-7

**YWCA**

24-Hour Domestic Violence Helpline will remain available at 509-326-2255 or by email at [help@ywcaspokane.org](mailto:help@ywcaspokane.org).

**5177 Diversion**

Phone # (509) 477-4608